



Yoga with Paula at Ventspils Youth House



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A Spanish volunteer from the "Attistības fabrika" association practices meditation and yoga in their free time and will gladly offer classes to local youth.

Every Thursday at 6:00 PM throughout the month of April at the Ventspils Youth House.

The classes are free of charge.

Participants should bring their own yoga/exercise/soft mats.

📅 Thu, 10.04.2025

🕒 18:00-19:30

☎ +37120238456

🏠 Ventspils Jauniešu māja, Kuldīgas iela 13

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