



# Olympic center VENTSPILS basketball hall athletic hall



Foto autors: Olimpiskā centra "Ventspils" basketbola halles atlētiskās zāles foto arhīvs

Atlētiskās zāle 417 m<sup>2</sup> platībā ir aprīkota ar modernu inventāru, funkcionāliem un kvalitatīviem treniņiem, tostarp kardio, spēka un rehabilitācijai paredzētiem treniņiem.

The athletic hall of the basketball hall was opened in May 2019 after reconstruction. After the reconstruction, the area of the athletic hall has been expanded from 389 m<sup>2</sup> to 417 m<sup>2</sup>, the ventilation system has been improved, the floor covering has been replaced, partitions have been rebuilt, painting and tiling works have been carried out, as well as lighting and door replacement.

New exercise machines were purchased in the athletic hall – 16 cardio, 5 strength and 4 medical group exercise machines, as well as a stretching bar, a power station and training equipment – bars, mats, belts. 47 existing trainers have been improved and repaired.

Papildus informācija:

Iespējami norēķini ar maksājumu karti Kafējnīca Iespējami norēķini skaidrā naudā Autostāvvietā WC



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Sporta iela 7/9, Ventspils

Pr. Ot. Tr. Ce. Pk.

09:00-21:00

Se. Sv.

10:00-16:00

Sporta iela 7/9

