



Touch by Natalja



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Hello! I am Natalja, your massage specialist in Ventspils.

I offer classic facial massage, classic body massage, and paraffin wax treatment for hands.

Classic Facial Massage:

Improves skin metabolism, blood circulation, and lymphatic drainage;

Promotes skin rejuvenation;

Reduces tension in facial and neck muscles;

Enhances the client's emotional state.

Classic Body Massage:

Relieves muscle tension and pain;

Improves blood circulation;

Reduces stress and anxiety levels;

Boosts the immune system;

Improves sleep quality;

Enhances digestive system function;

Provides emotional support and well-being.

Paraffin Wax Treatment: This treatment is recommended for those with dry and cracked hands, especially for those who enjoy gardening or activities in cold and damp weather, as these conditions particularly stress the skin. The hot paraffin improves blood circulation and relieves tension and stress from the palms.

Each session is individually tailored to guarantee complete relaxation and well-being. Relax in Ventspils and give your skin and health the best care.



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